

Eildon Area Partnership - 24th January 2019: Health Care and Well-Being		
Issues/ Challenges	Solution / Commentary	Priority Rating
Waiting list for carers	<ul style="list-style-type: none"> • How long is waiting list? • Individuals paying for private carers • Adoptions to allow for those that can shower to do so 	
Access to alcohol & Drugs	<ul style="list-style-type: none"> • Push the licensing board to be more stronger with small groups • Enforcement of alcohol sales- "Test shoppers" 	
Socially acceptable/ Alcohol-bigger problem than drugs	<ul style="list-style-type: none"> • Change school education to move away from having a block of alcohol education to discussing alcohol use throughout the year. • Need to have alternative activities in the community • Need to create social spaces in the evening which don't sell alcohol 	
Alcohol and young people	<ul style="list-style-type: none"> • Students understand but what about parents= learn physical and emotional impact and how to recognise and deal with the issue • Extension of ambassadors (ex pupils) appearing in schools = positives and negatives- (real life stories ruined lives) and the emotional impact. 	
Rural, problems to reach health prevention classes	<ul style="list-style-type: none"> • Revamp of rural transport • Schools to be used, for health education • Evening classes 	
Lack of carers as a whole	<ul style="list-style-type: none"> • Is criteria in assessment fit for purpose? 	
Awareness of risks from smoking & services to keep	<ul style="list-style-type: none"> • Make services more visible to the public eye • Make young people more aware of the danger of smoking- Public health and schools 	
People drinking to get drunk People drinking more than what they realise High level of sugar in alcohol Rural opportunities for all ages	<ul style="list-style-type: none"> • Community interventions in the pub during the day to provide people with an alternative • Trial giving non-alcoholic drinks to people to see if they realise it is non alcoholic • When a new school is created (Eg. Earlston Primary) it is created to allow full access for young people/ community to perhaps support those who cant afford/ access eg. Culture and bring it to the community. 	

Gentle exercise , Classes stopped due to low numbers	<ul style="list-style-type: none"> Volunteers could be trained to deliver class work with VCB to recruit volunteers. Groups could cover the cost of bringing in Live Borders (Micro grants and windfarms) 	
Physical activity	<ul style="list-style-type: none"> Make information on physical activity more accessible 	
Marketing encourages drinking amongst young people Extreme messages	<ul style="list-style-type: none"> Strengthen links between school conversations and home life Test Purchasing 	
Housing for the elderly.	<ul style="list-style-type: none"> Provision needed to be included in the strategy for housing All new builds- social housing to be accessible 	
Good Practice	<ul style="list-style-type: none"> Local patient transport system- CC cover cost of Petrol. CC area and will cover neighbouring areas. CC Cover insurance cost. 	
Openness to talk about problems (young people)	<ul style="list-style-type: none"> Increase mental health counselling in schools Increase awareness of mental health workshops – development resilience 	
Alcohol can make peoples mental health illnesses worse		
GP Services		
People With dementia	<ul style="list-style-type: none"> Need to be identified and supported Dementia cafes, introduce dementia friendly walks 	
Patient Transport		
Loneliness and isolation	<ul style="list-style-type: none"> Promote opportunities to meet eg. Bingo workshops for older people Used council buildings/ schools/ mens shed/ time bank 	
Bullying amongst young people , especially through social media		
Social media creates pressure to keep up with other people's lifestyles	<ul style="list-style-type: none"> Obvious! 	
Transport Issues	<ul style="list-style-type: none"> Not enough time 	
Caring for people at home and improving the employee carers	<ul style="list-style-type: none"> Social interaction -wellbeing initiatives where residents commit to support our residents. 	
Stow medical centre Long waiting times for appointments		
Holiday Hunger	<ul style="list-style-type: none"> Focus centre provide breakfast during holidays 	
Opportunities for all ages	<ul style="list-style-type: none"> Varied opportunities across the high schools to impact on pupils/ parents/shops The extension of music as core, very positive impact a health of wellbeing- Keeps you of drink 	

If people need to be in hospital then they should rather than health centres being first port of call.		
Access to rural facilities	<ul style="list-style-type: none"> • Leisure facilities • Unisex changing may seem like a good idea but uncomfortable for many • Encourage young ladies especially some facilities should be single sex 	

Services more expensive for people with disabilities

Respect form-

Very confusing- draft of living will as an example